Nutrition



Forever Pomesteen Power®

There's no disputing the fact that antioxidants are extremely vital to our health and well-being. There is, however, much discussion today among nutritionists as to which fruit is the most powerful antioxidant, or which contains the most Xanthones or has the highest ORAC value rating. Forever Pomesteen Power has them all with a proprietary blend of fruit juices and extracts, including Pomegranate, Pear, Mangosteen, Raspberry, Blackberry, Blueberry and Grape Seed.

ORAC value (Oxygen Radical Absorbance Capacity) is an indicator of how well an antioxidant inhibits free radical damage. The ORAC value of fruits can vary greatly, even when testing the same fruit at different times after harvesting. What is important to know is that all of the ingredients of Forever Pomesteen Power are near the top of the list in ORAC value, especially Pomegranate and Mangosteen fruit.

Pomegranate juice has more polyphenol antioxidants than red wine, green tea, cranberry juice and orange juice. In addition, it is a good source of Vitamins A, C, E and the mineral Iron.

Mangosteen is a popular fruit in Asia. Its exquisite taste prompted Queen Victoria to declare it her favorite fruit, henceforth it has been referred to as the "Queen of Fruits!" Its ORAC value is very high, and it is rich in beneficial Xanthones. Xanthones are a family of naturally occurring

nutritional compounds in fruits that are super powerful antioxidants.

Experience the incredible power of antioxidants from Pomegranate, Mangosteen, and other exotic fruits with Forever Pomesteen Power!

CONTENTS

16 fl. oz. (1 pint) (473 ml)

Supplement FactsServing Size 1 fl. oz. (30ml)

Serving Size 1 II. 02. (3011)
Servings Per Container 16

ocivings for container to		
Amou	unt Per Serving	% Daily Value
Calories	35	
Total Carbohydrate	8g	3%*
Sugars	7g	
Sodium	10mg	< 1%*
Vitamin C (as ascorb	ic acid) 24mg	40%
Proprietary Blend	30ml	†
Pomegranate Fruit Juice, Pear Fruit Juice, Mangosteen		
(Garcinia mangostana L.) Fruit Juice, Raspberry Fruit		
Juice, Blackberry Fruit Juice, Blueberry Fruit Juice, and		
Grape Seed Extract		
* Percent Daily Values are based on a 2,000 calorie diet.		

OTHER INGREDIENTS

† Daily Value not established

Potassium Sorbate (To Help Protect Flavor).

SUGGESTED USE

Take 1 fl. oz. (30 ml) daily or as desired, preferably before meals.



- Super Antioxidant
- Unique blend of fruit juices and extracts
- Exotic flavor that everyone loves

PRODUCT #262

The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem.